

Måndag	Tisdag	Onsdag	Torsdag	Fredag	Lördag	Söndag
1/10 17.45-18.45 PILATES Sofie	2/10	3/10 06.30-09.00 MYSORE Carola 17.30-19.00 YINYOGA Carola	4/10 17.00-18.30 YINYOGA Anika 19.00-20.30 MYSORE/LEDD Carola	5/10 06.30-09.00 MYSORE Carola	6/10	7/10 09.00-11.00 MYSORE Cissi 16.00-17.30 YINYOGA Carola
8/10 17.45-18.45 PILATES Sofie 19.00-20.30 MYSORE / LEDD Cissi	9/10	10/10 06.30-09.00 MYSORE Carola 17.30-19.00 YINYOGA Carola	11/10 17.00-18.30 YINYOGA Anika 19.00-20.30 MYSORE/LEDD Cissi	12/10 06.30-09.00 MYSORE Carola	13/10	14/10 09.00-11.00 MYSORE Cissi 16.00-17.30 YINYOGA Carola
15/10 17.45-18.45 PILATES Sofie 19.00-20.30 MYSORE / LEDD Cissi	16/10	17/10 06.30-09.00 MYSORE Carola 17.30-19.00 YINYOGA Carola	18/10 17.00-18.30 YINYOGA Anika 19.00-20.30 MYSORE/LEDD Cissi	19/10 06.30-09.00 MYSORE Carola	20/10	21/10 09.00-11.00 MYSORE Cissi 16.00-17.30 YINYOGA Carola
22/10 17.45-18.45 PILATES Sofie 19.00-20.30 MYSORE / LEDD Cissi	23/10	24/10	25/10 17.00-18.30 YINYOGA Anika	26/10	27/10	28/10

SCHEMA FÖR OKTOBER 2018

V.40 - V.43

VÄLKOMNA!